

Armstrong & District Garden Club



Welcome! While we are staying close to home and reducing the spread of COVID—19, we will not be holding meetings in person until further notice. This newsletter shows that we can still share our stories and love of gardening! And enjoy gardening in our own yards!

Executive 2021

President:

Glenn Gytenbeek

Vice-President:

Paul Peacock

Secretary (Interim):

Carolyn Farris

Treasurer:

Judi Cogan

Membership:

Paul Peacock

Newsletter Editors:

Heather Hayes &

Mary Jackson

Directors:

Judi Cogan

Heather Freeman

Heather Hayes

Brenda Hobbs

Mary Jackson

Sue Lendrum

Dianne Richards

Judy Wilde

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What's New?

...see page 2

An Update from our President and Editors:

Hi Everybody— It seems that winter is now behind us; it seemed a particularly long one. I find there are more things to do in the garden every day. It's great to be outside with the sun brightly shining.

The garden club executive is now active behind the scenes. We are planning to put on a plant sale this spring, May 8, at the Farmer's Market. So please start dividing and potting up your plants as soon as possible. The club has lots of pots, if you need them. We will have soil pallets donated by Black Diamond as well. Please consider volunteering your time and energy to make our 2021 plant sale a success!

Once again, the garden club will be planting the petunias in the planters along PV boulevard. We'll need to do some interim repotting of the petunias as well.

We need an individual or two to co-ordinate garden tours this year—of members' gardens and also to landscape centres in the area.

The Bursary Committee has approved one of two applicants for the local secondary school bursary.

If you would like help or have any questions, call me at 250 546-9891. In the meantime, we will keep you posted.

Hope to see you all soon,

Glenn G., President ADGC

Like most other gardeners, I've been watching the snow melt and the spring flowers emerge. I've visited garden stores, even if it's a little early, to enjoy the spring flowers and see what's new and different! Am I ready for another season? Hardly. I'm still working on my winter tasks. But by the time the weather, and the ground, warms up I'll be eager to prepare the garden and flower beds for another season and see my changes from last year come to fruition. I miss the opportunity to talk with fellow club members in person. I hope everyone is doing well and staying healthy! Mary J., Co-editor

Spring is around the corner and I can't tell you how much I miss everyone. I have high hopes by summer we will have our garden chats again. Until then I would encourage everyone to think about volunteering for a couple of positions we will have available in the club. One being secretary and someone to arrange garden tours which isn't too difficult as we have members with fabulous yard spaces, that we have been tweaking with all the time on our hands. Both are rewarding positions.

Time to think about planting things you want to start inside. I tried my hand at petunias this year and I have lots doing very well. When working in your gardens think about potting up a few pots of your divided plants for our plant sale. Also try not to remove too much of your leave litter to soon as you will disturb some beneficial insects that have overwintered there, such as butterflies.

Hoping to see you all soon until then enjoy the sun and planning your garden adventures.

Your garden friend, Heather



An Update on Membership:

Benefits of Membership:

Membership in the ADGC provides a variety of benefits:

- ◆ Access to gardening fellowship and information through tours, speakers, and conversations with other members;
- ◆ Opportunities to increase knowledge of gardening through demonstrations, parlour shows and speakers;
- ◆ Access to newsletters from ADGC and other area clubs;
- ◆ Access to our Facebook page and gardening articles;
- ◆ Opportunities to help our community through our fundraising efforts; and
- ◆ Discounts at Garden Centers—Shepherds Hardware and Swan Lake when you discreetly show your membership card.

Kind hearts are the gardens,
Kind words are the roots,
Kind thoughts are the flowers,
Kind deeds are the fruits.

Take care of your garden
And keep out the weeds;
Fill it with sunshine,
Kind words and kind deeds.



New Members 2020:

Welcome to the new members
who joined us in 2020:

Mary Jane Duford
Mary Paradis
Mark Hartman
Janet Sipos
Tammy Nedellec

Membership Dues:

Membership dues of \$15 per person for the 2021 year are now due.

You can pay one of two ways:

- 1) Send your cheque to our Treasurer, Judi Cogan at # 37—153 Salmon Arm Drive, Enderby, BC V0E 1V1; or
- 2) Drop your cheque or cash off to our President Glenn at 3760 Sage Avenue, Armstrong.

ADGC FACEBOOK PAGE: Have you visited or “liked” our club’s Facebook page? Special thanks to Ken Barr who regularly adds interesting information and events to the page!

Visit: <https://www.facebook.com/ArmstrongandDistrictGardenClub/>

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President Glenn



Member Profile: Mary Jane Duford

Member Name: Mary Jane Duford

A bit about myself: I'm a mom of 2 toddlers and an engineer. We live in town in Armstrong and have enjoyed filling our garden with plants from the garden club's sale!

Gardening Interest: Gardening with children, perennials, vegetables

Why I joined the Garden Club: To learn more about gardening in our local area

Gardening Tip: Always be taking photos! It's so fun to see how things change from season to season and from year to year.

Demonstrations or information you can share with other Club members: I'm a beginner gardener, but I can share tech information on garden blogging and vlogging if any club members are interested. My gardening blog is at <https://www.homefortheharvest.com/> and my vlog is at <https://www.youtube.com/c/HomefortheHarvest>. I'd love to help new content creators!

My Favorite Plant

Name (A/P): Dinnerplate Hibiscus (P)

Latin Name: Hibiscus moscheutos

Description: (height, width, environment (sun/shade, soil etc.)) I like the newer introductions of hardy hibiscus that tend to be a bit shorter and bushier, but still with giant bright flowers. Mine seem to like sunny spots and moist soil. I've just planted a few more around my bird bath!

Flowering Time/Colour/Blooms (add picture)

pictures here:

<https://www.homefortheharvest.com/dinner-plate-hardy->

video here:

<https://www.youtube.com/watch?v=yYwmiHfhIT4>

What you like about this plant: I love the big bright flowers (and so do my kids!)



Garden Stakes for sale: Courtesy of: Heather H.

Heather H. has been busy this past winter, making unique and fun garden stakes.

She is selling them for \$ 4 a stake, with proceeds given to the Garden Club.



What's new in gardening? Courtesy of: Heather F.

Juncos and finches continue their daily visits to the birdfeeders but their visits are fewer and shorter and becoming more focused on the bare patches of ground expanding daily. While their antics are entertaining, one's thoughts increasingly turn to spring and gardening. These sunny days lift our spirits and entice us out into the garden to see if any perennials are showing their greenery! However, as it is too early to 'attack' the garden, visits to local nurseries, seed catalogues and gardening magazines must fill our urge "to get our hands in the dirt".

What is new? Of course with spring almost here there are suggestions on gardening websites and magazines for new varieties, new tools and the usual tips to improve plant size, encourage pollinators and even incorporate some of the 'weeds' such as lamb's quarter, purslane and chickweed in our meals! Apparently they are safe, satisfying, nutritious and edible! [Lamb's quarter is an excellent source of calcium; purslane is a good source of omega-3 fatty acids and chickweed is packed with phosphorus, calcium and iron!]

Want to try something new? Apparently grains are some of the easiest crops to grow in home gardens. The *Old Farmer's Almanac* suggests starting small initially - a 100 foot square plot is adequate. This size plot is manageable for planting and harvesting and will give a decent yield. While preparing your soil is no more work than for other seeds, be prepared as apparently threshing, winnowing and hulling the grains are tedious. However, a 100 foot square plot can yield 4 pounds of grain, enough for three or four loaves of bread. With experience, this same plot can yield enough grain for about 26 pounds of flour. Grains suggested include buckwheat, corn, oats, rice and wheat. It is noted that if the crop is poor, the grains make a fine cover crop that will cut down on weeds and provide a green manure for the next year.

Hopefully COVID will be just a memory by fall as Alexis Szarek, the founder of *Bloom*, the *Abbotsford Tulip Festival*, is planning a local sunflower festival. Alexis and her family recently purchased a 10 acre Salmon River Road property, north of Armstrong. Following the sunflower festival, the acreage will be planted to tulips for a local Tulip Festival in 2022. Although this property is much smaller than the 50 acre property her family had in Abbotsford, Alexis is hoping to expand the acreage over time and grow more tulips. If you like tulips, this will definitely be a destination!

Facts and Folklore: "The wedding cake is thought to have originated in Egypt where a wheat or barley cake was broken over the bride's head to signify fertility." Ouch! [The old Farmer's Almanac Garden Guide]



Alexis Szarek

Flower of the Month: Hellebores (Helleborus spp.)

Hybrid hellebores get their common name, **Lenten rose**, from the rose-like flowers that appear in early spring around the Christian observance of Lent. The “blooms” (which are actually sepals that protect the true flowers) last for several months, from February until May, and the foliage is evergreen in all but the coldest regions.

Tolerant of a wide range of **growing** conditions, hybrid **hellebores** perform **best** when sited in partial shade in rich, moist, but well-draining soil. **Hellebores** are quite easy to **grow**, and since they are perennials, will continue to bloom for a number of years. They are deer resistant.

Hellebores are hardy in Zones 4 to 9.

Grow **hellebores** in fertile, well-drained soil at the front of a border, beneath shrubs or in pots, in sun to partial shade. Cut back the large leathery leaves when flowers and new foliage emerge and mulch plants annually with well-rotted compost or manure. Avoid transplanting **hellebores** after they have established.

Bloom time depends on both the species and your climate. The Christmas rose (**Helleborus niger**) can bloom in December in zone 7 or warmer but rarely **blooms** until spring in colder climates. Most species can be counted on to bloom somewhere between December and April and stay in bloom for a month or longer.



Wedding Party



Romantic Getaway



Red Racer



Garden Tasks for March: (Source: <https://www.midwestgardentips.com/gar/march-zone-5>)

Start seeds. Start your cool season plants right away. Start tomatoes, peppers, annuals and perennials next.

Stop feeding the birds As soon as the snow is gone, clean out the bird feeders and store them until next year.

Flush street side plantings Flush the planting beds near the street with plenty of water to dilute the road salt that has accumulated in the soil. Even [salt tolerant plants](#) will appreciate it.

Divide perennials As soon as the ground has thawed and dried, you can divide and move perennials. Do not divide the very early spring bloomers such as bleeding heart until after blooming or in fall. You may need to wait until April

Plant bare root trees Bare root trees, shrubs and roses should be planted as soon as the soil is thawed and dried, usually in March to early April.

Prune Prune fruit trees, shade trees, and summer blooming shrubs. Do not prune spring bloomers such as lilacs until after they are done blooming. Prune off any limbs damaged over winter. Do not prune oaks, elm or walnut until fall.

Clean up perennial grass When it gets warm and the lawn is dry enough to walk on, cut back the dead top growth of perennials and perennial grasses. Leave about 3 or 4 inches of stems that will help keep hungry rabbits out of the new growth and keep you from stepping on them.

Clean up As soon as the ground has thawed and dried, you can check perennials for new growth. Peak under the mulch and if growth is well underway you can remove the mulch. Don't rush this! If nights are still freezing, leave the mulch in place until nights are consistently above freezing.

Sort tubers Sort through stored tubers, roots and bulbs for dahlias, cannas, glads and begonias. Dispose of anything that has shriveled or decayed.

Fertilize evergreens As soon as the ground has thawed, pound in evergreen fertilizer stakes or apply a slow release granular fertilizer.

Fertilize trees and shrubs Before new growth begins, fertilize trees and shrubs.

Clean tools Clean and sharpen shovels, hoes and pruners if you haven't done it yet. Clean and grease the garden sprayer.

Tune up the mower Beat the rush and take it in early in the month.

Put out a rain gauge Take the guesswork out of how much water your plants are getting.

Fertilize bulbs Spring blooming bulbs should be fertilized in March or early April.

Plant tubers Buy tubers for begonias and plant them in pots indoors now, they will be ready for your window box or planters by spring. You will save a lot of money versus buying potted plants at the garden center.

Prune roses Usually in March, before growth begins, prune dead, broken and wayward branches from hybrid tea, grandiflora and floribunda roses. Cut back to about 6 inches tall. When the forsythia blooms, just ahead of dandelions blooming and lilac leaves appearing, it is time to prune roses. Apply a slow release granular fertilizer.

Fertilize the lawn Depending on weather patterns, this should usually be done by end of March. After the first mowing, apply fertilizer. Pre-emergent for crabgrass should be included if necessary. Crabgrass seed generally germinates after the soil temperature has reached 50 degrees, and requires about 5 consecutive days of 50 degree soil temperature. When you see the first dandelion bloom, it is time to apply crabgrass control. If you plan to do spring seeding, crabgrass control may prevent germination of the grass seed unless you "stir up the soil" first to break the barrier.

Garden Tasks for March contd.: (Source: <https://www.midwestgardentips.com/gar/march-zone-5>)

Plant the cold frame Start lettuce and spinach outside in the cold frame early to middle of the month.

Prep the beds When the soil has thawed and dried and begins to warm up, usually by the middle to end of the month, you can remove winter mulch. Work compost of leaf mold into the top layer of soil.

Soil test [Test the soil](#) in your lawn and gardens so you know if lime or other additives and nutrients will be necessary before the growing season starts.

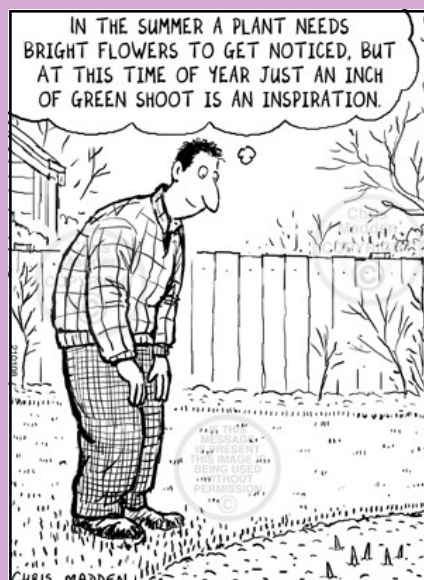
Make new beds Add [new garden beds](#) now while you have the time.

Plant the cool season crops As soon as the soil has warmed and dried, peas can be sown directly in the ground. Usually this will be the end of March or first week of April. Next is lettuce and radishes.

Plant bulbs Plant summer and fall flowering bulbs as soon as the soil has thawed and dried.

Plant cool season annuals As soon as the soil is dry and warming up, plant cool season annuals such as pansies.

Spray fruit trees Apply dormant spray to fruit trees before the buds swell.



Craft: Courtesy of Dianne R.

diy tin can fence GARDEN



Tin Can Flower Garden

If you come around *I Should Be Mopping the Floor* a lot, you know I am a *big* fan of loads of color. Why not bring a bit of that fun into the outdoor areas, too, right? Even if you're not as into bright colors as I am, there are so many possibilities with this Tin Can Flower Garden. I think black and white polka dot cans with red geraniums would be stunning, too. Or white cans with pink polka dots and begonias? Lots of possibilities are abounding for this lil' project. These are wonderful for backyard fence decor.

Supplies for a Tin Can Flower Garden

- empty industrial-sized food cans (cleaned out, labels removed)
 - If you have trouble removing residue from labels, I highly recommend Goo-Gone ([from Amazon here](#)).
 - If you're into essential oils, I also have a [recipe to remove residue using lemon oil](#).
- chalk-style paint (in a variety of rainbow colors)
 - I only recommend chalk-style paint for this. It adheres to the cans perfectly without any sanding or prep. Other paints would flake off once dry.
 - Walmart carries the Waverly brand of chalk paint and it's budget-friendly.
 - I also like the Folk Art brand of chalk paint that you can [grab here on Amazon](#).
- regular foam brushes
 - I buy these in bulk [here on Amazon](#) since I don't reuse mine (they're too hard to clean and cheap enough to keep a few on hand).
- circle-shaped foam brushes
 - Grab a set of assorted circle sizes [here on Amazon](#).
- matte varnish sealer
 - I use this spray-can variety from Rustoleum, available [on Amazon here](#).



Recipes: Courtesy of Sue L.

Sweet Potato & Chicken Chili

Makes 10 to 12 servings and freezes well.

- 1 T canola oil
- 1kg lean ground chicken
- 2 T chili powder
- 1 T dried oregano
- 6 stalks of celery, diced
- 2 onions, diced
- 2 sweet green peppers, diced
- 1 sweet potato, peeled and grated
- 2 cans (796ml) diced or stewed tomatoes
- 2 cans (400 ml each) sodium-reduced mixed beans, drained and rinsed
- 1/3 cup white vinegar
- 2 T Dijon mustard
- 2 tsp salt
- 1/2 tsp pepper



In Dutch oven, heat oil over medium high heat; cook chicken, breaking up with spoon, until no longer pink, about 5 minutes. Stir in chili powder, oregano, celery, onions, green peppers, sweet potato, tomatoes, beans, vinegar mustard, salt and pepper. Reduce heat to medium, cover and simmer, stirring often, for 1 hour. (Chili will thicken as it sits.) Top with shredded cheddar cheese, a dollop of sour cream and chopped green onions. Enjoy!

Date and Walnut Bread

Date and Walnut bread

- 8 oz (2 cups lightly packed) dried pitted dates, coarsely chopped(firm dates not mushy ones)
- 1/2 tsp fine sea salt, divided
- 1 cup boiling water
- 1 cup walnuts toasted and coarsely chopped
- 1/2 tsp baking soda
- 1 1/2 tsp baking powder
- 1/2 tsp ground cinnamon
- 1/4 tsp ground cloves
- 1/2 cup brown sugar
- 2 cups all purpose flour
- 1/2 cup butter, cold
- 2 eggs
- 1 tsp vanilla



Chop dates and place in a bowl, sprinkle on 1/4 tsp salt then pour the boiling water over, stir the dates in the water and lightly flatten so as much of the dates are in the water as possible. Leave to soak in water until they cool to room temperature. About 30 minutes.

Preheat oven to 325 degrees

Optional: Lightly toast walnuts in your preheating oven until light brown and fragrant.

Combine baking soda, baking powder, another 1/4 tsp salt, ground cinnamon, ground cloves and brown sugar in large bowl then add flour and mix. Dice cold butter and cut into dry mixture until it resembles coarse breadcrumbs.

Beat the eggs with vanilla, mix in with dates and then mix wet and dry mixture until just combined, don't over mix.

Put dough into a 9"x5" oiled pan and smooth the dough out so it is even. Bake in oven for 45 minutes to 1 hour, or until a toothpick comes out clean. Allow to cool out of the pan.

Makes a great snack with some butter and a cup of tea!!

The Benefits of Mentoring: Courtesy of Heather H.

The Importance Of Mentoring And What It Means To Me...

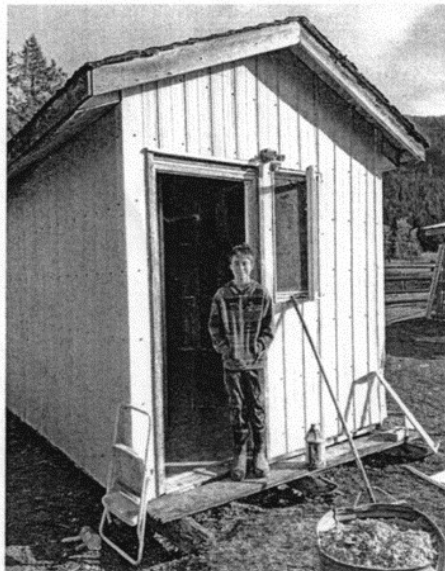
by Heather Hayes

Way back some 40 years ago, I decided since we had bought our first acreage that it was time to get some chickens. I spent countless hours on my grandmother's farm growing up and being a city kid it was the best time of my young life. My grandmother, aunts and uncles, who farmed instilled in me a respect for all creatures but my favourites were always the chickens. I still find it striking how that remained with me throughout my young adult life in the city. But then I was lucky enough to find my soul mate and as life goes we finally made it to the country and so began my journey into poultry and waterfowl keeping. As luck would have it our new digs had a pond. While looking for some ducks to have as pets, my hubby, Mike, saw a small ad in a newspaper advertising a poultry show. Say what!!! Neither of us were aware of such a thing. Off we went a couple of weeks after and fate intervened and I was lucky enough to meet the person who influenced me most in guiding me through the hobby and allowed me to make a host of life long friends with the same goals.

That person was Charlie Sjogren of Plymouth Rock and Leghorn fame, and #9 in the APA Hall of Fame. He sold me my first Chinese Geese and made me promise to show them. From that point he guided me and pushed me to go from my geese to poultry by driving a couple of hours to my house with a box containing a trio of White Plymouth Rock Bantams and told me to see what I could do with them. He worked with me and helped me develop what he called my "Eye" as he always told me that I naturally had. It took me about 3 generations of working with and showing those White Rock Bantams before I got my first Best of Breed over him and his brother Al (Sjogren Bros). I was over the moon especially when Al offered to buy my pullet but Charlie was so pleased when I told him no that I needed her for my programme. I really thought I had made it, but with Charlie's guidance thru many years and the support of many people, who to this day I consider so near and dear to my heart, and a most supportive spouse who all pushed me to follow my dreams, here I am.

My joy now is passing what I have learned on to others, especially the youngsters, because once you and I are gone what is the point of holding on any knowledge you might have. Share it I say. I will always try to help either by making sure that if they get birds from me that they are number one healthy and number two that they are getting birds that are going to produce youngsters as the same quality as mine. If I can get them to a point where they give me a run for my money at shows, that's good for me and makes me never get complacent. It's a win for everyone.

I am currently mentoring a young fellow by the name of Colter Luttmending who has a keen interest in Old English Game Bantams and as I found out after spending time with him, he loves Modern Games. Colter has extremely supportive parents who bring him at least once a week, sometimes more, and we spend hours together



Colton giving his new coop a good cleaning.

cleaning pens, going over and handling birds. He is a joy who knows far more than most poultry keepers his age, he has drive and is competitive in a good way and he loves his birds and wants what's best for them.

One of the most fantastic things for me is a shared love of a travelling poultry house. Back about 20+ years ago, at least when Mike and I lived in Alberta on our farm, Mike purchased a well built used shed from someone in our area and dragged it home on top of axle of some sort. That shed was 8 feet wide, 14 feet long and was 8 feet tall inside and well insulated for our long cold winters. He revamped the inside to give me really nice breeding, conditioning pens for my Bantams on both sides and wired it for power. When we moved to British Columbia, I couldn't bare to leave it behind so, the company Mike worked for was moving us and they hired a transport truck to move it and some of our larger

equipment. So on to our new home it came, it got unloaded with a crane and was waiting when I arrived with the birds. After we got set up well here over time, I found I wasn't using it as much so it got moved from our place to Joe Mazur's place for his son Drew who I was mentoring, and had OEG Bantams too. Well, Drew is all grown up now and that same coop has been given to Colter and moved to his house and his birds now live in it. They will be adding outside pens to it and he loves it. Hard to believe that one poultry house has travelled many miles and brought joy to many over its approximately 27 years of life.

Everything is exactly the same as when we first set it up other than it will get new shingles this year. To see the joy on this young man's face is heart warming.

Colter and I spend many hours together and I share with him absolutely every nugget I have learned through the years from the many people who helped me through the years by sharing their knowledge and good birds with me. I rarely gift birds to youngsters but ask them to pay me in some fashion even if it's coming and swinging a broom for a couple of hours as I am a firm believer in letting them learn that this is a living creature and it has value. Colter is putting in his time and he handles all of my birds on his own and we line them up in show cages and talk about them. I have let him have a trip of my Modern Game Bantams of his choosing and I am not upset if his choice is the best birds in my barn. He will raise some young and I will help him choose his keepers for next year. He loves feeding all the Moderns their treats and told me he has started up his meal worm factory again for his birds. He is like a sponge and I know for a fact he will be giving me a run for my money next fall lol. What do I get out of it is someone to chatter with in the barn, helps me keep on top of things in the barn and a heart full of joy knowing my knowledge has planted a seed in a young person's mind. Hope many others find the time to share what they know.

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Heather's experience with poultry can be easily extended to gardening— how could you share your gardening knowledge?

Garden Certificates—What's all involved? Courtesy of: Heather F., Heather H., & Mary J.

The ADGC has been selling Garden “Gift” Certificates over the past two years, which offers the buyer garden advice for their garden project or city lot.

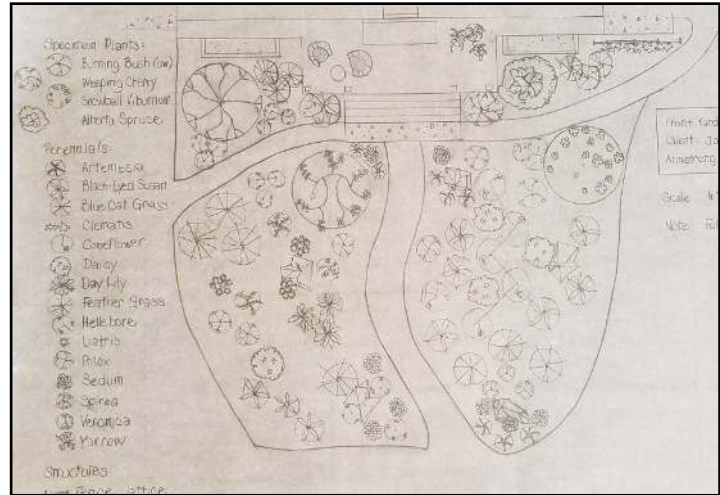
A team of ADGC members interviews the recipient regarding their preferences and goals and notes the area's characteristics.

The product is a 25 page report, detailing the goals that the owner provided and listing a collection of plants that could be used. A detailed profile for each plant is also provided.

The final product is a proposed planting plan, which is then reviewed with the owner for their comments.

All of our recipients have been pleased with the advice and the products that we have provided.

Why don't you tell a neighbour about this fund-raising service?



Proposed planting plan for one of our certificate holders.

Great Masterwort (*Astrantia major* 'Rubra')



comes in dark scarlet, lighter pink shades

Life cycle:	Perennial
Sun Requirements:	Full Sun to Partial Shade Partial or Dappled Shade Partial Shade to Full Shade
Water Preferences:	Mesic
Minimum cold hardiness:	Zone 5a -28.9 °C (-20 °F) to -26.1 °C (-15 °F)
Maximum recommended zone:	Zone 9b
Plant Height:	50-70 cm
Plant Spread:	50 cm
Flowers:	Showy
Flower Time:	Late spring or early summer Summer Late summer or early fall
Uses:	Cut Flower

Plant Summary					
Type	Name	Cultivar	Bloom Time	Bloom colour/Features	Spacing
Bulbs	Inc.	Many types to choose from	Most flower in early summer; some later in summer	Multiple colours to choose from: blue, purple, white, red, yellow	30 cm
Perennials	Petunia (small line)	Narrow	Depends on cultivar - can be from early spring to late spring	Multiple colours to choose from: blue, purple, white, red, yellow	50 cm to 60 cm
Perennials	Yarrow	Silene or 'million bells'	Will bloom all summer	Multiple colours	8 to 15 cm
Perennials	Artemisia	Achillea millefolium	June to September	Multiple colours	20 cm to 25 cm
Perennials	Artemisia	Artemisia schottoi 'Silver Mound'	June to September	Multiple colours	20 cm to 25 cm
Perennials	Artemisia	Astrantia major 'Rubra'	Inconspicuous flowers	Many varieties; colours: dark scarlet, lighter pink shades	20 cm to 25 cm
Perennials	Artemisia	Felicia purpurea	Late spring or early summer; summer; late summer or early fall	Unusual foliage colour; fragrant	60 cm to 90 cm
Perennials	Artemisia	Hemerocallis	Late spring, early summer; summer; late summer, early fall	Purple flowers; winter interest; medicinal herb; cut flower use; and hummingbirds	30 cm to 60 cm
Perennials	Artemisia	Monarda	Mid season bloom time	Shiny flowers; attracts butterflies and hummingbirds	30 cm to 60 cm
Perennials	Artemisia	Monarda	Fall colour	Tiny white flowers; foliage deep red or shades of green; good fall colour; semi-evergreen	45 cm to 60 cm

Upcoming Events:

No scheduled Garden Club meetings until further notice.

Keep May 8th open on your calendar for the ADGC Plant Sale.

Stay distant and healthy!



ADGC members are now eligible to receive 15% off regularly priced garden centre items and plants. Show your ADGC membership badge to the cashiers.



THANK YOU!

Thank you to this month's newsletter contributors—
Heather F., Dianne R., Sue L., Glenn and Paul.



Membership fees for ADGC are now due.

A membership costs just \$15 per year and we VALUE your support, as it keeps our club vibrant and strong!

About ADGC:

The Armstrong and District Garden Club was established in 1927 and is an active, fun group with over 60 members. The club supports the community through donations, student bursaries, planting along PV Boulevard, and supporting initiatives such as Communities in Bloom.



Garden Exec: Front Row: Brenda, Glenn, Judi and Heather Back Row: Mary, Heather, Ken, Judy, Dianne and Paul Absent: Sue L.